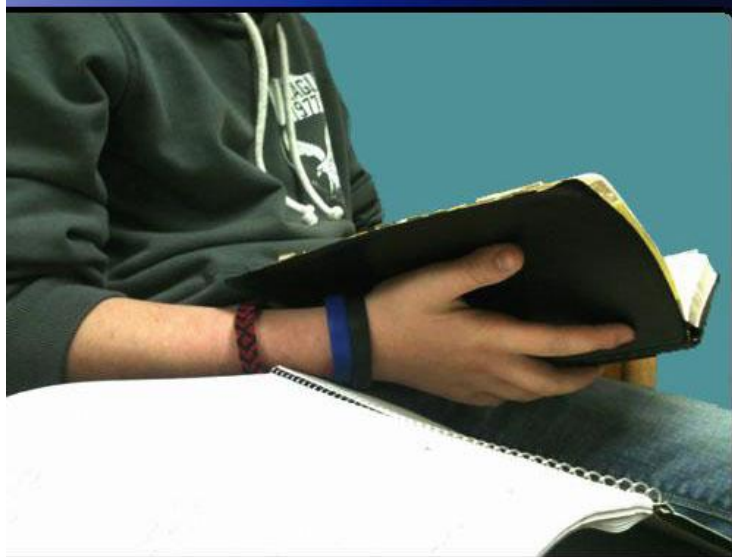


kenny bowyer

# a moment with God

// a teen devotional



# **A Moment With God: A Teen Devotional**

Kenny Bowyer

## **A Moment With God: A Teen Devotional**

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## INTRODUCTION

Welcome to *A Moment With God: A Teen Devotional*.

These devotions were written by a youth pastor and intended for his youth. However, over time, more than just teens became interested in these devotionals, I want to encourage you to read these, think about it, and apply it to your daily life.

Throughout this book, these devotions will take you on a journey of God's Word, through the eyes of a youth pastor. Some are funny, some are sad, some are serious...but ALL are from the heart and from God. I would love to hear how these devotions have impacted your life. Please, share as much (or as little) as you want, on my website at **[www.kennybowyer.com](http://www.kennybowyer.com)**. I look forward to hearing from you, and God Bless!

Kenny Bowyer

Youth Pastor

Cutting Edge Youth Ministry

A Moment With God: A Teen Devotional

*A Moment With God: A Teen Devotional*

*INTRODUCTION*

*A Fresh Start*

*Laughter Is The Best Medicine*

*The Masterpiece*

## A Fresh Start

*Praise be to the God and Father of our Lord Jesus Christ!  
In his great mercy he has given us new birth into a living  
hope through the resurrection of Jesus Christ from the  
dead. ~ 1 Peter 1:3*

A new year! I love when the New Year comes around. A New Year means a new season of baseball is around the corner, college football bowl games dominate the TV and we are a month closer to the biggest game in professional football. Another thing I like about the New Year is that it's your chance to start fresh; to wipe off the dry erase board, or to delete the hard drive from the past year. It's a chance to start fresh, and I don't know about you, but after a year, I could always use a fresh start.

When I was young, I played video games all the time. I loved Super Mario Bros. and games like that. However, the first time I made a mistake or did something stupid in the game, I would hit the reset button, and start over.

God has given us a chance to start fresh; to wipe off the dry erase board, or to delete the hard drive from the past year. He did so, through His Son Jesus Christ. When

we are saved, God deletes our old game so that we can start a new one. He doesn't care about the old game...all He cares about is how the new one is played, and that when we mess up, we tell God we're sorry.

I don't know about you, but that sure beats starting a game over all the time.



## Laughter Is The Best Medicine

*A cheerful heart is good medicine, but a broken spirit saps a person's strength. ~ Proverbs 17:22*

One thing about me is that I like to have fun and laugh. Life is too short to sit around and be miserable all the time, yet that is what so many Christians do. I like to laugh, and I like to make people laugh. I like to be the life of the party, the center of attention, the main attraction. That is just how my sick little mind works. There was a time in my life when I wasn't like that though. I hated the "all eyes on me" atmosphere. I became disassociated with people. I became darker in my thoughts. I never got into cutting myself a lot, but I did do it a few times as a way to release whatever it was inside me.

God designed us to have a joyful heart and to be happy. When we are down, mad, depressed or bitter, it zaps our strength right out of us. It's kind of like that feeling when you have been sick for a while or when your girlfriend breaks up with you, and all you want to do is lie around the house and do nothing...you become tired, and just the slightest little movement will wear you out.



There's an old saying that "laughter is the best medicine". And you know what? It is so true. When things are going wrong, and it seems like the only light in the tunnel is from the train that is coming at us, we as Christians say "count it all joy". We should do that. I mean, what's the alternative...sit around, mope around and feel sorry for ourselves?

God gave us joy...don't you think we should use it?



## The Masterpiece

*I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well. ~ Psalm 139:14*

Have you ever gone to a museum, and seen all the people staring at this “art” on the wall, just mesmerized by the colors, pageantry, etc? Picasso, Vincent van Gogh, Monet, Warhol. When it comes to artistry, there is no one who compares to God. He placed the stars in the sky to light the heavens. He carved out the canyons and fashioned the mountains. Every kind of terrain was his idea--from mountains to valley, rain forests to deserts.

Creatively, he came up with every animal in the earth, sea and sky and then brought them to life. Everywhere you look, you can see the handiwork of the Creator. But nowhere in all of creation will you discover something or someone more calculated and exceptional than you and me. God's creative genius is on display in us. We are the result of his brilliant design. We are not the result of an impulsive moment of invention formed with leftover parts and tossed away pieces. He thought about us, when He created us.

He put great thought into us and takes great delight in us. We have been crafted intentionally and specifically for the calling that rests upon our lives. We are originals...one of a kind. We are not clones, duplicates, carbon copies, or mistakes. We are God's masterpiece.

